

# IELTS Up Words!

## دوره لغات آیلتس

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### Lesson 5: Childhood

Hey there! Welcome! I am Yasi, your IELTS mentor, and here we are with the fifth lesson of IELTS Up Words!

How are you doing today? Did you wake up early or did you sleep in? If you work from home, I recommend that you stick to a routine and don't break it just because you don't go to an office. Anyways, as you remember in the previous lesson, we talked about how age affects the quality of learning a new language. I said that it is easier for you to learn a new language than someone who is still **teething** or with **baby teeth**! If I want to be **brutally honest** with you, yes, it is easier for a child to speak the language with a better accent. But the good news is that the accent is not scored in IELTS. It does not matter if you speak English with a British, American, Indian, or Persian accent. As long as you speak clearly and pronounce words correctly, you will be fine.

Now, speaking of children, I am going to ask you another question in this lesson. Listen to it carefully and speak about it loudly. Then listen to my response. Ready?

Describe a memorable period or event from your childhood.

Well, I guess when it comes to my childhood, there are numerous occasions that I can recall as memorable, but there is this little experience which I think you are going to love hearing about and it is about my first time riding my bicycle without **training wheels**!

I got my first bike at the age of four. I remember how excited I was for it and how **thrilling** it felt the first few times that I gave it a ride. My dad had attached training wheels to it right from the start, but I wanted them removed so badly since I considered myself **a seasoned rider** only after a few days. Haha! I remember I even threw a tantrum because of that! Anyway, after a week or so, my dad agreed that I was ready, and so he removed those wheels and lifted me on the seat. I had my feet on the pedals and my hands wrapped around the **handlebars**, ready to **coast** on two wheels...and so I did! It all happened **spontaneously**. I will never forget that **sense of accomplishment** and freedom that I felt on that day, and I still **reminisce** about it **every so often**.

## Speaking Tip



### Fillers

- A filler word is an apparently meaningless word, phrase, or sound that marks a pause or hesitation in speech.
- Also known as a pause filler or hesitation form.
- Some of the common filler words in English are well, hmm, um, and you know.
- They are more naturally used in part three of the IELTS speaking test.
- Don't use them too much as they can hinder fluency.

topic-related words and structures	meaning	translation	other structures
<b>to teethe (the baby is teething)</b>	the process of growing your teeth, especially your milk teeth	دندان درآوردن	teeth (noun) teethe (verb)
<b>baby teeth</b>	the first set of teeth that a child develops	دندان شیری	milk tooth (British English or BrE)
<b>training wheels</b>	a pair of small supporting wheels fitted on either side of the rear wheel of a child's bicycle	چرخ‌های کمکی	stabilizers (BrE)
<b>a seasoned rider</b>	seasoned = experienced	دوچرخه‌سوار باتجربه	synonym: expert; knowledgeable opposite: inexperienced
<b>handlebars</b>	a bar with curved ends forming handles that turns the front wheel of a bicycle or motorcycle so that it points in a different direction	دسته‌ی دوچرخه	bike parts: bike saddle; pedals; brakes
<b>thrilling</b>	causing excitement and pleasure; exhilarating	هیجان‌انگیز	synonym: exciting; electrifying
<b>a sense of accomplishment</b>	the feeling you get when you have achieved something great	حس کامیابی	to feel a sense of accomplishment
<b>to reminisce</b>	to remember something enjoyable	به‌خاطر آوردن؛ یادکردن	reminiscence (noun) reminiscent (adjective);

other words/ structures	meaning	translation	other structures
<b>brutally honest</b>	to be completely honest even though it might hurt the listener's feelings	با صداقت کامل	ruthlessly honest honesty (noun)
<b>to coast on a bike</b>	to ride a bike without using the pedals, usually down a hill	رانیدن بدون پدال زدن مثلا به سمت سرازیری	
<b>spontaneously</b>	as a result of an impulse and without premeditation	به طور خود به خود	spontaneity (noun) spontaneous (adjective)
<b>every so often</b>	from time to time; occasionally	هر از گاهی	every now and then; every now and again



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